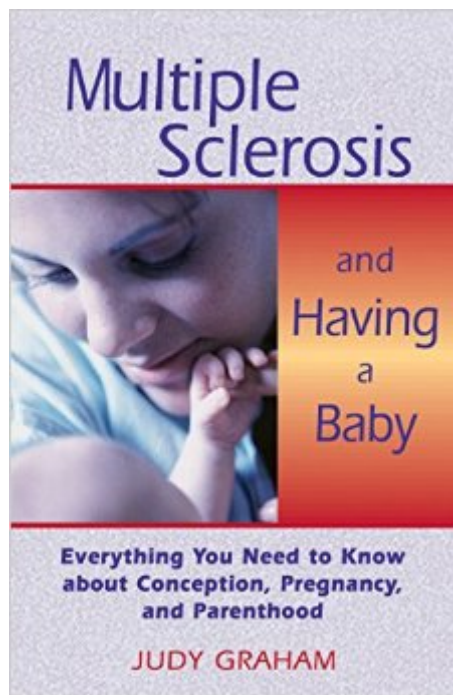


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# Multiple Sclerosis And Having A Baby: Everything You Need To Know About Conception, Pregnancy, And Parenthood



## Synopsis

An essential resource for anyone with MS who is considering having a child. • Firsthand advice from a woman with multiple sclerosis who has successfully borne and raised a child. • Contains information that can change the lives of many of the 250,000 women in the United States suffering from MS. • Highly readable format puts the facts at your fingertips. Diagnosed with MS at twenty-eight, author Judy Graham gave birth for the first time at the age of thirty-eight. Her new book *Multiple Sclerosis and Having a Baby* provides other women who are considering starting a family with the kind of genuine and useful insight that comes only from firsthand experience. *Multiple Sclerosis and Having a Baby* makes available not only the medical answers prospective parents need, but also the practical suggestions and sound advice that will help them meet the many unique and sometimes difficult challenges that face couples living with MS. In this highly informative and readable book, Graham asks and provides answers for nearly every question a woman with multiple sclerosis might want to consider before having a baby. With the latest medical facts and valuable data culled from hundreds of interviews with women who have multiple sclerosis and are currently raising a child, Graham straightforwardly addresses such issues as the possibility of relapse, genetic predisposition to MS, sexuality and fertility, pregnancy, postnatal care, and breastfeeding as they relate to women with MS.

## Book Information

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## Customer Reviews

First, let me say that the only reason I'm giving this 4 stars rather than 5 is because it's 4 yrs old

now and with the pace of research & science, I think there may be additional info out there - it'd be great if this book were updated further. That said, this is a terrific book. Its no scarier (for me) than the newsletters that the MS Society sends out - those freak me out sometimes! This book definitely tells you what to watch out for and things to be aware of. I have a great doctor now who focuses on MS so I read through this book but then took some of the ideas/my questions to him because he really tells it to me straight and is current with what the findings are, what the real info is. So, this is a good book - but take it with a grain of salt and definitely bounce things around with a good MS doctor too. I wouldn't rely on this book as my sole source of info. It does cover lots of different aspects. Here are the chapters:- Will I get worse if I have a baby?- Can you pass MS on to your child?- Deciding whether to have a baby- Can you stop yourself from getting worse?

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